

PERMISSIONS

It's OK to try something new.

It's OK to make mistakes.

You will learn a lot from them.

It's OK to take risks.

It's OK to take your time.

It's OK to find your own pace.

It's OK to try it your own way.

It's OK to fail.

You can always try again free of fear.

It's OK to look foolish.

It's OK to be different.

It's OK to wait until you feel ready.

It's OK to experiment (in safety).

It's OK to question the "shoulds".

It's special to be you.

It is necessary to make a mess – which you are willing to clean up.

(The act of creation of often messy)

(Excerpt from MAKING THINGS – Ann Sayre Wiseman)